Excellent speakers, relevant and helpful. There was something useful to take from every lecture.

Our expert speakers will go beyond the guidelines to help you look at the big picture of what you’re facing and teach you how to make changes that will update your knowledge but also improve your health, wellbeing and ability to feel in control of your workload.

Our range of courses are tailored to your specialty so you get the latest evidence, guidelines and best practice relating to the patients you see every day.

Tailor your experience by choosing to attend the sessions from our courses and workshops offered during the two days:

› GP General Update - 4 & 5 October
› Physicians General Update - 4 & 5 October
› Dermatology - 4 October
› Clinical Pharmacist in General Practice - 4 October
› Care of the Older Person - 5 October
› Musculoskeletal Medicine - 5 October
› Neurology - 5 October
› Personal Development Minicourses - 4 & 5 October

BOOK WITH EARLY BIRD BEFORE 6 SEPTEMBER 2019

Excellent speakers, relevant and helpful. There was something useful to take from every lecture.
# Masterclasses Day One
## Friday 4 October

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:15 - 09:00</td>
<td>Mindfulness, Yoga</td>
</tr>
<tr>
<td>09:15 - 09:45</td>
<td>Keynote: Wellbeing at work, Fiona Godlee, Editor in Chief, The BMJ</td>
</tr>
<tr>
<td>09:55 - 10:00</td>
<td>Welcome and opening remarks</td>
</tr>
<tr>
<td>10:00 - 10:45</td>
<td>Cardiology, Dermatology, Physicians General Update, Polypharmacy</td>
</tr>
<tr>
<td>10:45 - 11:10</td>
<td>Morning break and refreshments</td>
</tr>
<tr>
<td>11:10 - 11:55</td>
<td>Diabetes, Alopecia areata, Neurology, Type 2 Diabetes</td>
</tr>
<tr>
<td>11:55 - 12:00</td>
<td>Learning bites</td>
</tr>
<tr>
<td>12:00 - 12:45</td>
<td>Care of the Older Person, Eczema, Infectious diseases, Respiratory</td>
</tr>
<tr>
<td>12:45 - 13:25</td>
<td>Lunch and networking in the exhibition area</td>
</tr>
<tr>
<td>13:25 - 13:55</td>
<td>Session to be announced</td>
</tr>
<tr>
<td>13:55 - 14:00</td>
<td>Learning bites</td>
</tr>
<tr>
<td>14:00 - 14:45</td>
<td>Creating a portfolio career for GPs, Skin cancer, Enhancing your Leadership, Top tips for consultation skills for Clinical Pharmacists</td>
</tr>
<tr>
<td>14:45 - 15:10</td>
<td>Afternoon break and refreshments</td>
</tr>
<tr>
<td>15:10 - 15:55</td>
<td>Women’s Health, Psoriasis, Acutely Unwell Older Person, Musculoskeletal medicine/ chronic paid</td>
</tr>
<tr>
<td>15:55 - 16:00</td>
<td>Learning bites</td>
</tr>
<tr>
<td>16:00 - 16:45</td>
<td>ENT - Quiz, Nail dystrophy and hand dermatitis, Rheumatology, Stroke Prevention in Atrial Fibrillation</td>
</tr>
<tr>
<td>16:45 - 16:50</td>
<td>Summary and close</td>
</tr>
</tbody>
</table>

Relevant audiences:  
- GPs  
- Practice Nurses  
- Hospital Doctors  
- Everyone  
- Clinical Pharmacists

- All clinical sessions include a 10 minute Q&A session with our expert speakers
- * Learning bites - quick wins you can implement immediately in your practice

Programme subject to change.

Early booking is highly recommended to secure your preferred sessions.
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<td>09:15 - 09:45</td>
<td>The NHS People Plan – what does it mean for me? Helen Bevan, Chief Transformation Officer, NHS Horizons</td>
</tr>
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<td>09:55 - 10:00</td>
<td>Welcome and opening remarks</td>
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</table>
| 10:00 - 10:45| **Course**  
|              | GP General Update  
|              | Musculoskeletal Medicine  
|              | Physicians General Update  
|              | Care of the Older Person  
|              | Neurology  
| 10:00 - 10:45| **Minicourse 3:** Taking control of your workload  
|              | *Everyone*  
| 10:45 - 11:10| Morning break and refreshments                                          |
| 11:10 - 11:55| Neurology  
|              | Foot and ankle pain  
|              | Diabetes and Endocrinology  
|              | Falls and Frailty  
|              | Headache  
| 11:55 - 12:00*| Learning bites  
| 12:00 - 12:45| Mental health  
|              | Hand and elbow pain  
|              | Gastroenterology  
|              | Parkinson's Disease  
|              | Functional Disorders  
| 12:45 - 13:25| Lunch and networking in the exhibition area                             |
| 13:25 - 13:55| Session to be announced                                                 |
| 13:55 - 14:00| Learning bites*                                                        |
| 14:00 - 14:45| Time Management for GPs  
|              | Hip and knee pain  
|              | How to be more assertive without damaging professional relationships  
|              | Dementia and Delirium  
|              | Stroke  
| 14:45 - 14:50| Afternoon break and refreshments                                       |
| 15:10 - 15:55| Paediatrics  
|              | Shoulder pain  
|              | Emergencies in Oncology  
|              | Advance Care Planning  
|              | Parkinson’s Disease  
| 15:55 - 16:00| Learning bites*                                                        |
| 16:00 - 16:45| Ophthalmology  
|              | Multi-joint pain  
|              | Psychiatry  
|              | Polypharmacy and deprescribing  
|              | Limb Weakness  
| 16:45 - 16:50| Summary and close                                                       |

**Masterclasses Day Two**

**Saturday 5 October**

**Earn 6 CPD Credits per day**

Register now and save up to £60 → live.bmj.com/bmj-masterclasses
Who should attend?

Relevant for GPs, hospital doctors, trainees and other healthcare professionals, each course will include a range of topics presented by leading experts providing you with practical tips. Personalise your experience, attend the sessions most relevant to you, saving time away from practice, all under one roof.

Key reasons to attend:

- 6 CPD points per day
- Expert speakers who give you practical tips on how to interpret the latest guidelines and evidence in your practice
- Interactive voting – make decisions on cases as you would in your practice and see if your peers and our speakers agree
- Dedicated question time with the experts – quiz them on a tricky condition, or get advice on how to manage a specific patient
- The opportunity to discuss key topics with other colleagues working in the same environment
- 6 month subscription to BMJ Best Practice and BMJ Learning

Register to attend any of our masterclasses and you will also receive complimentary access to:

- Careers Fair exhibition with access to over 80 exhibitors
- Live Jobs Board
- 1-2-1 Careers Advice
- Practical stations offering hands on training
- CV checking
- Over 40 free seminars on well-being, pursuing a portfolio career, career guidance and relocating in the UK and abroad

Early booking is highly recommended to secure your preferred sessions.

Register now and save up to £60 → live.bmj.com/bmj-masterclasses

Covered a wide range of topics with useful and practical ways of managing commonly encountered problems.