

Clinical Programme, Friday 4 October

08:15 - 09:00	Mindfulness Everyone	Yoga Everyone		
09:15 - 09:45	Keynote: Wellbeing at work Fiona Godlee, Editor in Chief, The BMJ Everyone			
09:55 - 10:00	Welcome and opening remarks			Minicourse 1: Taking control of your workload GP Practice Nurses Hospital Doctors
10:00 - 10:45	GP General Update: Cardiology GP Practice Nurses	Dermatology: Eczema GP Practice Nurses	Physician General Update: Respiratory Medicine Hospital Doctors	
10:45 - 11:10	Morning break and refreshments			
11:10 - 11:55	GP General Update: Care of the Older Person GP Practice Nurses	Dermatology: Alopecia areata and urticaria GP Practice Nurses	Physician General Update: Neurology Hospital Doctors	
11:55 - 12:00	Learning bites	Learning bites	Learning bites	
12:00 - 12:45	GP General Update: Diabetes GP Practice Nurses	Dermatology: Acne GP Practice Nurses	Physician General Update: Infectious diseases Hospital Doctors	
12:45 - 13:25	Lunch and exhibition (including practical stations)			
13:25 - 13:55	Session to be announced	Session to be announced	Session to be announced	
13:55 - 14:00	Learning bites	Learning bites	Learning bites	
14:00 - 14:45	Creating a portfolio career for GPs GP	Dermatology: Skin cancer GP Practice Nurses	Enhancing your Leadership Hospital Doctors	Minicourse 2: Managing complexity and uncertainty GP Practice Nurses Hospital Doctors
14:45 - 14:50	Learning bites	Learning bites	Learning bites	
14:50 - 15:35	GP General Update: Women's Health GP Practice Nurses	Dermatology: Psoriasis GP Practice Nurses	Physician General Update: Emergencies in the Older Person Hospital Doctors	
15:35 - 16:00	Afternoon break and refreshments			
16:00 - 16:45	GP General Update: ENT - Quiz GP Practice Nurses	Dermatology: Nail dystrophy and hand dermatitis GP Practice Nurses	Physician General Update: Rheumatology Hospital Doctors	
16:40 - 16:50	Summary and close			

Relevant audiences: ■ GP ■ Practice Nurses ■ Hospital Doctors ■ Everyone

Programme subject to change.

Learn more and register at: live.bmj.com

Careers Programme, Friday 4 October

09:15 - 09:45	Keynote: Wellbeing at work Fiona Godlee, Editor in Chief, The BMJ					
09:45 - 10:15	Break			One to one careers advice	One to one CV checking	Practical stations /demos
	Seminar programme					
10:15 - 10:55	Session to be announced	Session to be announced	Understanding medical careers	30 min sessions available with our careers advisors throughout the day.	30 min sessions available with our CV checkers throughout the day.	Your opportunity to get hands on and brush up on your practical skills. Programme to be announced shortly.
10:55 - 11:10	Break					
11:10 - 11:50	Session to be announced	Principles of changing career path	Writing an eye catching CV			
11:50 - 12:40	Lunch*					
12:40 - 13:20	Session to be announced	Your first consultant role – what you need to know	Interview skills for junior doctors			
13:20 - 13:35	Break					
13:35 - 14:15	Session to be announced	Time management	Interview skills for consultants			
14:15 - 14:45	Break					
14:45 - 15:25	Session to be announced	Creating a portfolio career	Writing an eye catching CV			
15:25 - 15:40	Break					
15:40 - 16:20	Session to be announced	Time management	Interview skills for junior doctors			
16:20 - 16:35	Break					
16:35 - 17:15	Session to be announced	Achieving a work-life balance	Building political astuteness			

Programme subject to change.

*Lunch is not provided. Onsite facilities are available to purchase your lunch.

Learn more and register at: live.bmj.com

Clinical Programme, Saturday 5 October

08:15 - 09:00	Mindfulness Everyone	Yoga Everyone				
09:15 - 09:45	Keynote: To be confirmed Everyone					
09:55 - 10:00	Welcome and opening remarks				Minicourse 3: Taking control of your workload Everyone	
10:00 - 10:45	GP General Update: Respiratory Medicine GP Practice Nurses	Musculoskeletal Medicine: Back and neck pain GP Practice Nurses	Physicians General Update: Cardiology Hospital doctors	Care of the Older Person: Acute Geriatrics Hospital doctors GP		
10:45 - 11:10	Morning break and refreshments					
11:10 - 11:55	GP General Update: Neurology GP Practice Nurses	Musculoskeletal Medicine: Foot and ankle pain GP Practice Nurses	Physicians General Update: Diabetes and Endocrinology Hospital doctors	Care of the Older Person: Falls and Frailty Hospital doctors GP		
11:55 - 12:00	Learning bites	Learning bites	Learning bites	Learning bites		
12:00 - 12:45	GP General Update: Mental health GP Practice Nurses	Musculoskeletal Medicine: Hand and elbow pain GP Practice Nurses	Physicians General Update: Gastroenterology Hospital doctors	Care of the Older Person: Parkinsons Hospital doctors GP		
12:45 - 13:25	Lunch and networking					
13:25 - 13:55	Session to be announced	Session to be announced	Session to be announced	Session to be announced		Minicourse 4: Getting your work published Everyone
13:55 - 14:00	Learning bites	Learning bites	Learning bites	Learning bites		
14:00 - 14:45	Time Management for Primary Care GP Practice Nurses	Musculoskeletal Medicine: Hip and knee pain GP Practice Nurses	How to be more assertive without damaging professional relationships Hospital doctors	Care of the Older Person: Dementia Hospital doctors GP		
14:45 - 14:50	Learning bites	Learning bites	Learning bites	Learning bites		
14:50 - 15:35	GP General Update: Paediatrics GP Practice Nurses	Musculoskeletal Medicine: Shoulder pain GP Practice Nurses	Physicians General Update: Emergencies in Oncology Hospital doctors	Care of the Older Person: Advance Care Planning Hospital doctors GP		
15:35 - 16:00	Afternoon break and refreshments					
16:00 - 16:45	GP General Update: Ophthalmology GP Practice Nurses	Musculoskeletal Medicine: Multi-joint pain GP Practice Nurses	Physicians General Update: Psychiatry Hospital doctors	Care of the Older Person: Polypharmacy and deprescribing Hospital doctors GP		
16:40 - 16:50	Summary and close					

Relevant audiences: ■ GP ■ Practice Nurses ■ Hospital Doctors ■ Everyone

Programme subject to change.

Learn more and register at: live.bmj.com

Careers Programme, Saturday 5 October

09:15 - 09:45	Keynote: To be confirmed						
09:45 - 10:15	Break			One to one careers advice	One to one CV checking	Practical stations /demos	
	Seminar programme						
10:15 - 10:55	Session to be announced	Session to be announced	Get to know the specialties	30 min sessions available with our careers advisors throughout the day.	30 min sessions available with our CV checkers throughout the day.	Your opportunity to get hands on and brush up on your practical skills.	Programme to be announced shortly.
10:55 - 11:10	Break						
11:10 - 11:50	Session to be announced	Session to be announced	Writing an eye catching CV				
11:50 - 12:40	Lunch*						
12:40 - 13:20	Session to be announced	Interview skills for consultants	Interview skills for junior doctors				
13:20 - 13:35	Break						
13:35 - 14:15	Session to be announced	Building political astuteness	Leadership: an introduction				
14:15 - 14:45	Break						
14:45 - 15:25	Session to be announced	Writing an eye catching CV	Achieving a work-life balance				
15:25 - 15:40	Break						
15:40 - 16:20	Session to be announced	How to consult efficiently with patients	Principles of changing career path				
16:20 - 16:35	Break						
16:35 - 17:15	Session to be announced	Time management	Creating a portfolio career				

Programme subject to change.

*Lunch is not provided. Onsite facilities are available to purchase your lunch.

Learn more and register at: live.bmj.com